

2018/19

Infant Mental Health Community Training Institute



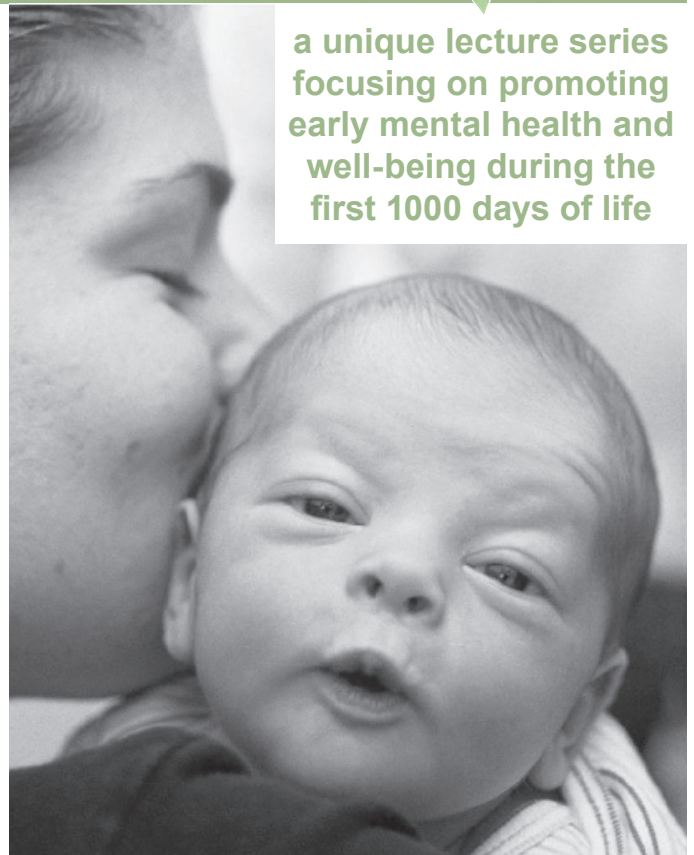
WEB-BASED
LEARNING

When there are identified risks and disorders in young children or in family functioning, well planned and evidence-informed intervention can promote optimal outcomes. The science is clear – early experiences in the first three years impact the architecture of the brain – this impact can be life-long and profoundly positive or negative depending on the quality and consistency of the experiences.

This training institute aims to increase practitioners' knowledge about key factors which contribute to the promotion of infant mental health and early childhood development in order to empower practitioners to be agents of change in their roles, and to ensure that every child served has opportunities for the best mental health outcomes possible. The inclusion of infant mental health promotion, prevention, and treatment as a key focus of practice within community based health and/or social service organizations will lead to enhanced:

- Understanding of just how critical early mental health is for a child, a community, and society at large;
- Understanding of risk and protective factors that contribute to early mental health and development;
- Integration and promotion of practices that focus on the prevention of infant mental health trauma;
- Embedding of screening practices to identify when a young child may be experiencing poor mental health; and
- Integration of interventions that can be provided to children who may be at risk of experiencing poor mental health.

Options allow participation in person, by Live Interactive Webcast or view recorded lectures on demand for **2 full years** after original broadcast.



a unique lecture series focusing on promoting early mental health and well-being during the first 1000 days of life

This 15 part web-based series brings world renowned experts in infant mental health learning and practice to you in an economical and flexible format that can be easily integrated into staff engagement and continuing professional education.

Register today to gain essential knowledge for supporting infants and families

After initial license purchase by a participating agency/ site, participants from that agency may register as a GUEST at no additional cost in order to gain access, in person, by live or Archived Webcast recordings to access the training at your own pace, in team meetings or individually.

To register email ascy@ascy.ca

2018/19 Training Presentation Schedule

Session 1

Introduction to Infant and Early Childhood Mental Health

Chaya Kulkarni, BAA, M.Ed, Ed. D
Director, Infant Mental Health Promotion

Session 2

Attachment as the Foundation for Regulation, Resilience and Healthy Development

Mary Rella, B.A., Dip. C.S.
Director, Counselling and Community Services,
Skylark Children, Youth & Families

Session 3

The Impact of Early Adversity - The ACE Studies

Jean M Clinton BMus MD FRCP(C)
Clinical Professor, Department of Psychiatry and Behavioural
Neurosciences, McMaster University

Session 4

Temperament and Language Development: I would talk if you were more interesting

Wallace E. Dixon, Jr., Ph.D.
Professor, Department of Psychology,
East Tennessee State University

Session 5

Effects of Early Stress and Adverse Care on Brain and Behavioral Development

Megan Gunnar, Ph.D.
Department Chair, Director, Human Developmental Psychobiology
Lab, Institute of Child Development, University of Minnesota, Regents
Professor, Distinguished McKnight University Professor

Session 6

Epigenetics: Genes, Environment and Behaviour

**University Professor, Marla B. Sokolowski,
Ph.D. F.R. S.C.**
Department of Ecology and Evolutionary Biology,
University of Toronto

Session 7

Understanding How Parental Mental Illness Can Impact Both Parenting and Child Development

Jean Wittenberg, MD, FRCP
Department of Psychiatry,
The Hospital for Sick Children, Toronto

Session 8

Executive Functions in the Early Years Adele Diamond, BA, PhD, FRSC

Affiliate Investigator, BC Children's Hospital, Head, Program in
Developmental Cognitive Neuroscience, Department of Psychiatry;
Professor, Division of Child & Adolescent Psychiatry, Department
of Psychiatry; Canada Research Chair Tier 1 and Professor of
Developmental Cognitive Neuroscience, University of BC

Session 9

Working Across Cultures Debra Stein MD, FRCP

Migration Consultation Team,
SickKids Centre for Community Mental Health

Session 10

Understanding Common Disorders in Early Childhood

Greg Lubimiv, MSW, CACPT Supervisor
The Phoenix Centre for Children & Families

Session 11

Unresolved Loss and Trauma: Implications for the Individual, the Caregiving Relationship and Attachment

Margaret Leslie (Dip.C.S., C.Psych.Assoc.)
Director, Child and Family Services, Mothercraft

Session 12

Impact of Early Trauma – Domestic Violence Angelique Jenney, MSW, Ph.D.

Professor, Qualitative Social Research, Quantitative Social
Research, Social Policy, Department of Social Work, University
of Calgary; Research Chair in Children's Mental Health, Wood's
Homes, Calgary

Session 13

Screening, Observation and Developmental Support Planning

Chaya Kulkarni, BAA, M.Ed, Ed. D
Director, Infant Mental Health Promotion

Session 14

Beyond the Dyad: Working with coparents and siblings

Diane Philipp, MD, FRCP(C)
Acting Medical Director,
SickKids Centre for Community Mental Health

Session 15

Nurturing the Seed: Working with Indigenous Families Donna Hill

Nurturing the Seed Project Lead, Infant Mental Health Promotion

BONUS Session 16

Indigenous Perspectives on Neurosciences

Michael Yellow Bird, MSW, Ph.D
Professor/ Director, Tribal Indigenous Studies
North Dakota State University

All Session recordings are available until August 2020