



ASCY Professional Learning Participant Reflections

Date:

The intent of this form is to provide participants with a format to capture their reflections on their professional learning. Self-reflection is a way of thinking critically about our work with the intention to better understand the connections and relationships to existing experiences and ideas and improve our practice.

Name:

Opportunity:

1. What stood out to you? Consider the key messages from this professional learning opportunity and make note of what ideas struck you as valuable or significant.

2. How did this material align with your current knowledge? Consider where it fits with your current understanding and/or does it provoke or challenge your thinking?

3. Reflect on your practice environment and your role in relation to this learning. Consider what factors influence the experiences and perspectives regarding these ideas in your program.

4. How will this professional learning impact your thinking, actions and professional discussions moving forward? What will you do in the coming days in response to your learning?

Retain this reflection as evidence of your professional learning for your CPL Program Portfolio