

## **Outdoor Learning Resources**

**ARTICLE:** Your kids can play outside all winter long New York Times article

<https://www.nytimes.com/2020/11/04/parenting/kids-winter-play-outside.html>

**ARTICLE:** Getting Kids Outdoors With Technology, Five online tools that encourage students to get hands-on experience with nature. By Samantha Betancur on Edutopia. This is a great article with a video at the end about challenging children in nature.

<https://www.edutopia.org/article/getting-kids-outdoors-technology>

**ARTICLE:** Here's How to Dress Kids for Winter Play The Affordable Way

<https://tinkergarten.com/blog/2020-winter-gear-guide?fbclid=IwAR0WnUj29UplitX3GSK16NygIFkuxaksCuengNw-Rlz-dANR511I7ANSia4>

**ARTICLE:** 6 Ways to Invite Outdoor Play for Kids this Winter <https://auroraheat.ca/blogs/news/6-ways-to-invite-outdoor-play-for-kids-this-winter>

**ARTICLE & VIDEO:** Outdoor Preschools Take Children into Living Classroom Across the country, more parents opt for learning based on creativity and a little bit of dirt. By Emily Jan and Emily Deruy on the Atlantic. From an American perspective but really good background info on current thinking from experts.

<https://www.theatlantic.com/politics/archive/2015/11/outdoor-preschools-take-children-into-living-classroom/433323/>

**WEBSITE:** EcoKids offers programs and resources for children, parents, educators, and communities in Canada to engage in environmental education. EcoKids is designed to inspire children to become lifelong environmental stewards through outdoor play and experiences. [https://ecokids.ca/research\\_resources/](https://ecokids.ca/research_resources/)

While you are there check out the OPAL project <https://ecokids.ca/outdoor-play-and-learning-opal/>

**VIDEO & BLOG:** The Moved by Nature project (2017-2019) aimed at promoting health and well-being among children and young people in Finland by increasing physical activity in nature. Interventions were made in the project, called Nature activity days. They enabled children to engage in fun and inspiring activities in nature at different times of the year. There was also experimentation with various forms of green exercise. <https://www.youtube.com/watch?v=dhXMsYSV2Ro>

<https://learningoutsidetheclassroomblog.org/2019/07/03/moved-by-nature-in-finland-fun-meaningful-and-health-enhancing-physical-activities-for-school-children/>

**WEBSITE:** Evergreen Canada helps communities to flourish by actively engaging Canadians in creating and sustaining healthy urban environments in our schools, our public spaces, in housing and transit systems, and communities themselves. <https://www.evergreen.ca/about/>

**WEBSITE:** The Neighbourhood Nature Play Project is a Kitchener-based initiative that encouraged children and their families to play and learn in nature. <https://www.evergreen.ca/our-projects/neighbourhood-nature-play/>

**VIDEO:** Outdoor Play and Learning project 4 part video series

<https://www.youtube.com/playlist?list=PLDSOKzaT4AFu7mJXhod7gudaCs3UsSgPw>